

**Donald Rost Banik, VA Pacific Islands Health Care System, Psychiatrist,  
Program Manager of the PTSD Program (PRRP)**

Donald Rost Banik is a psychiatrist who serves as clinician, educator, and Program Manager of the Traumatic Stress Disorders Program at the VA Pacific Islands Health Care System that includes their outpatient PTSD Clinical Team, PTSD Residential Recovery Program, and VITAL Program (Veterans Integration to Academic Leadership) embedded within local universities/colleges. He is also a co-mentor for VISN21 PTSD Mentorship Program. Prior to entering VA, he worked as the Embedded Behavioral Health Psychiatrist at Schofield Barracks where he had the honor of treating active duty soldiers (8th TSC) and supervising Psychiatry residents and Physician Assistants during their psychiatry rotations. These efforts resulted in him receiving an award acknowledging outstanding clinical service from the Commander of the U.S. Army Health Clinic-Schofield Barracks.

Dr Banik received his undergraduate degree from DePaul University. He completed medical school at the University of New England College of Osteopathic Medicine and received a Master of Public Health from A.T. Still University. He completed his residency training in psychiatry at Brown University in Providence, Rhode Island. During residency, he completed one year of his outpatient behavioral health continuity clinic within Providence Rhode Island VA as well as participated in a year fellowship at the Massachusetts Institute for Psychoanalysis, where he was further trained in psychodynamic therapy. With an interest in cultural psychiatry, he was invited as a resident and returning faculty member to Eldoret, Kenyan where he has educated medical students and psychiatry residents in one of their two county's psychiatry residency programs.

As a National Health Service Corps Scholar, Dr Banik moved to Hawai'i after his clinical training to work at the Waianae Coast Comprehensive Health Center (WCCHC) for three years. During his time there he served as an adjunct faculty member for A.T. Still University as he worked with and trained medical students for their psychiatry rotations. At WCCHC, Dr Banik also initiated a peer-led program for medical assistants to deepen their knowledge of behavioral health conditions and medications.

Dr Banik was recruited to work as an assistant professor at the University of Minnesota's Department of Psychiatry where he trained psychiatry residents, medical students, and undergraduate students, while directing their outpatient Psychiatry Clinic before taking on the role of Interim Executive Medical Director of Behavioral Health for the University of Minnesota Health System prior to returning to Hawai'i in 2016 where he joined the staff at U.S. Army Health Clinic-Schofield Barracks.

Dr Banik's academic interests include PTSD, health disparities, severe mental illness, quality of life in terminally ill patients, and effective teaching practices within psychiatry training. In addition, he has coauthored numerous articles and presented at multiple academic conferences.