



**David “Dave” Sprouse**

Assistant Director, Xplor Counseling, LLC

Dave is an LMHC and LPC in multiple states but conducts in-person sessions in Hawaii where he resides and is the Assistant Director of Xplor Counseling, LLC. Dave is a prior Clinical Director of a Medication Assisted Treatment facility, where he gained multiple years of experiences assisting those primarily with opioid use disorders. Dave is also specialized in Substance Abuse and Career Counseling and is certified as a Clinical Supervisor.

Dave is a Navy veteran and has 20 years of experiences in various helping professions including, laboratory sciences, nurse assisting, facilitating, and teaching.

Dave possesses dual graduate degrees in Counseling Psychology and Education. Dave enjoys working with a range of clients as a counseling, including military and their families.